

Permission and Medical Release Form

Each participant (including leaders) completes this form separately for each event or activity involving an overnight stay, travel outside the local area, or higher than ordinary risks (see *General Handbook: Serving in The Church of Jesus Christ of Latter-day Saints*, 20.5.5, 20.7.4, 20.7.7). The event or activity leader should have access to all participants' forms during the activity.

Event Details (to be filled out by event planner)

Event The Woodlands Texas Stake Young Women Camp	Date(s) of event June 8-11, 2026	
Describe event and activities (please be specific) Overnight camp at Camp Caney Creek (including swimming, canoeing, ropes course, archery, hiking, bonfires, etc.)		
Ward	Stake The Woodlands Texas	
Event or activity leader Emily Valora	Event or activity leader's phone number 801-822-1933	Event or activity leader's email emalaska@gmail.com

Contact Information

Participant	Date of birth	Age
Telephone number		
Address	City	State or province
Emergency contact (parent or guardian)	Primary telephone number	Secondary telephone number

Medical Information

Does the participant require a special diet? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please explain the dietary restrictions.
Does the participant have any allergies? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please list the allergies.

List all prescription or over-the-counter (OTC) medications the participant is taking. Leave blank if none.

Can the participant self-administer his or her medication?

Yes No If no, please contact the event or activity leader directly.

Conditions That Limit Activity

Does the participant have a chronic or recurring illness? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please explain.
Has the participant had surgery or a serious illness in the past year? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please explain.

Identify any other limits, restrictions, or disabilities that could prevent the participant from fully participating in the event or activity.

Other Accommodations or Special Needs

Identify any other needs or considerations the participant has that the event or activity planner should be aware of (attach additional pages if needed).

Permission

I give permission for my child or youth to participate in the event and activities listed above (unless noted) and authorize the adult leaders supervising this event to administer emergency treatment to the above-named participant for any accident or illness and to act in my stead in approving necessary medical care. This authorization shall cover this event and travel to and from this event.

Please note: Units may not have the ability to meet all medical, physical, and other accommodations and are asked to counsel with parents or guardians on what is possible.

The participant is responsible for his or her own conduct and is aware of and

agrees to abide by Church standards, camp or event safety rules, and other pertinent instructions. The participant's conduct and interactions should abide by Church standards and exemplify Christlike behavior, including those listed on the attached "Conduct at Church Activities."

Parents and participants should understand that participation in an activity is not a right but a privilege that can be revoked if participants behave inappropriately or if they pose a risk to themselves or others.

This information is collected to help event and activity leaders or medical personnel so they can be prepared and appropriately respond to health concerns or an emergency. It will be kept confidential and shared only as needed.

Participant's signature	Date
Parent or guardian's signature (if participant is a minor)	Date

Conduct at Church Activities

Church events and activities can be fun, uplifting, and spiritually strengthening for everyone who attends. To reach these aims, all participants are invited to commit to follow the principles taught in *For the Strength of Youth: A Guide for Making Choices*. When you do, the experience will be better for everyone.

Please note that Church activities are not the time or place for romantic behavior or for conversations and actions that distract from the purpose of the event or activity.

If you participate in any of the following prohibited activities, leaders at the event or activity will speak with you, your parents, and your bishop or stake president. These leaders may decide to send you home immediately.

- Participating in or encouraging immoral behavior of any kind, which includes breaking the law of chastity or viewing or distributing pornography in any form
- Shoplifting, theft, or vandalism of any kind
- Breaking the Word of Wisdom, including vaping and possessing illegal or harmful substances
- Possessing weapons or dangerous items of any kind (if specifically authorized, certain items may be provided and used in supervised activities)
- Harming or threatening to harm yourself or others physically, spiritually, or emotionally, including bullying in any form or disrupting another's experience
- Leaving without following proper procedures, skipping scheduled activities without permission, or breaking curfew

Crimes and harmful or destructive incidents or pranks may be reported to local authorities, who will respond according to local law. Leaders follow the direction of these authorities.